

Michael Bunting is the founder of the leadership consultancy WorkSmart Australia, a certified B Corp, and The Mindful Leader, an online portal for all things Mindfulness and Mindful Leadership and the IOS/Android App - Awakened Mind (www.awakenedmind.com). He has trained and coached thousands of leaders, from CEOs to front-line leaders. His clients range from global multinationals through to medium-sized businesses, and his work is focused in the areas of mindfulness, leadership, engagement, alignment, values and culture. Several of Michael's clients have achieved Best Employer status. He is the author of #1 Bestselling book, The Mindful Leader, and co-authored Extraordinary Leadership in Australia & New Zealand with Jim Kouzes and Barry Posner. He teaches Leadership on Sydney University's award-winning Global Executive MBA. Michael holds two business degrees and a postgraduate qualification in mindfulness-based psychotherapy. He lives with his family in Sydney, Australia.